

*Hidden Egg Ingredients*

[www.BabyandKidAllergies.com](http://www.BabyandKidAllergies.com)

Albumen  
Albumin  
Apovitellenin  
Egg Lysozyme  
Egg Whites  
Egg Yolks  
Eggs  
Globulin  
Livetins  
Lysozyme  
Ovalbumin  
Ovamucin  
Ovamucoid  
Ovoglobulin  
Ovotransferrin  
Ovovitellin  
Phosvitin  
Simplese  
Vitellin

Beware of binders, coagulants, emulsifiers, flavorings, seasonings, white wine (can be washed with egg whites), root beer (can be washed with egg whites), processed meat, salad dressings (particularly Caesar), sauces, vaccinations, flavored coffees, cosmetics and hygiene products.